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Living to Learn
Learning to Live

We are Learning on Biripi Land

«Students_Name»

«Street_Address»

Term 3, Week 4, Thursday 13th August, 2020

Dear

Well it's week four already and with it comes the last month of winter! We are well and truly into the term regarding teaching and learning, please see attached time table for this term. We also welcome back Cassie Lees our Instructional Leader who will be visiting the school every second Wednesday as part of her role in the Early Action for Success Strategy in schools. Currently she is working, alongside with Andrina, in the junior class. However I hope to have her in the senior class as well from time to time, so she can share some of her literacy and numeracy strategies in the primary context.

Last Wednesday the P&C and I managed to have a meeting on school grounds (outside in the sun) for the first time in almost two terms. On the agenda was making a date for the AGM, which has been set (all being well with Covid requirements) for Wednesday 2nd September. All positions will be declared vacant. If you are interested in taking on a position or just want to become more involved please come along – no pressure to take a position though. The P&C are always interested in having more people involved as many hands make light work.

Another item that was discussed was, in the light of no excursions being allowed at this present time, organising a fun day towards the end of term. This will be organised by the senior students and will also be a farewell day for Claire, who will be leaving us at the end of term, as her baby is due in the next holidays. The P&C have said that they will organise a canteen for the day as well. Usual costs will apply e.g. \$4.00 per meal.

During the meeting I also informed the P&C that Taree and Morisset Rotary Clubs were wanting to donate their time and some funds as part of their Bush Fire Recovery Strategy. After some discussion it was decided that we would make a request to have our sandpit area revamped e.g. seating around the edge, new sand and cover and if possible some wooden sandpit toys. Watch this space.

If you have any concerns about your child please do not hesitate to contact Andrina or I as we are only too happy to assist you.

Kind Regards,

Jo Boland

Term 3, 2020	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4	10 th Jo Andrina	11 th Jo Andrina	12 th Jo Andrina	13 th Jo Claire	14 th Jo Claire
Week 5	17 th Jo Andrina	18 th Jo Andrina	19 th Jo Andrina	20 th Jo	21 th Jo Claire
Week 6	24 th Jo Andrina	25 th Jo Andrina	26 th Jo Andrina	27 th Jo Claire	28 th Jo Claire
Week 7	31 st Jo Andrina	1 st September Jo Andrina	2 nd P&C AGM 3.15pm Jo Andrina	3 rd Jo	4 th Jo Claire

Office

Bernie Mondays Tuesdays

Brigitte Thursdays Fridays

Note:

There is no one in the office Wednesdays.

Panky is in Monday and Wednesday mornings.

Good for Kids good for life

WINTER RECIPE: MINESTRONE SOUP

Ingredients:

- 1 tbsp olive oil
- 1 medium onion, finely chopped
- 2 cloves garlic, crushed
- 1 medium leek, finely chopped (optional)
- 2 celery stalks, finely chopped
- 2 medium carrot, finely chopped
- 400g canned tomatoes
- 1 litre reduced salt vegetable or chicken stock
- 2 cups green cabbage, finely sliced
- 1 tbsp fresh parsley, chopped
- 1 bay leaf
- 1 tbsp tomato paste
- ¼ cup frozen peas
- ½ cup dried wholemeal pasta (penne, spirals or shells work well)

Serves 4

Prep and cook time: 1 hour



Method:

1. Heat oil in large saucepan over medium heat.
2. Add onion, leek, celery, carrots and garlic. Stir well, cook for 10 minutes or until the vegetables have softened.
3. Add canned tomatoes, stock, cabbage, parsley, bay leaf and tomato paste. Bring to the boil, then reduce heat to low and simmer for 15 minutes.
4. Add frozen peas and pasta, continue to simmer for a further 15 minutes.

Recipe from SWAP IT - <http://goodforkids.nsw.gov.au/primary-schools/swap-it/recipes>



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<http://www.goodforkids.nsw.gov.au/>

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BUSH TUCKER FRUIT AND VEG

There are lots of Aboriginal bush tucker ingredients becoming more readily accessible and available. Here are a couple of examples to mix things up and get your daily fruit and veg.



LILLY PILLY

Lilly pillies are a popular garden and street tree. They grow in many conditions and can be found all over Australia. The berries have a tart, cranberry-like flavour. Try eating them:

- Fresh and whole - just watch out for the pip inside!
- Chopped and added to salads
- Chopped and added in to muffins, the same way you would blueberries.



WARRIGAL GREENS

Warrigal greens are a herb with arrow-shaped leaves, common in coastal regions. They are a great substitute for spinach, silverbeet or bok choy in recipes. Try adding to:

- Soups
- Stews
- Stirfries
- Omelettes.



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Elands PS Term 3 2020 Timetable

	Monday	Tuesday	Wednesday	Thursday <i>Even Weeks</i> [Claire]	Thursday <i>Odd weeks</i> [Jo]	Friday [Claire]
9.15 – 11.15am	Whole School Meeting <i>Fitness K-6</i> 20 min FMS	Whole School Meeting <i>Fitness K-6</i> 20 min PE	Whole School Meeting <i>Talking Circle</i> 20 min	Whole School Meeting <i>Fitness</i> 20mins	Whole School Meeting <i>Fitness</i> 20mins	Whole School Meeting <i>Sport</i> 45-60mins
10.30am Crunch n Sip	Literacy K-2 Andrina 3-6 Jo	Literacy K-2 Andrina 3-6 Jo	Literacy K-2 Andrina 3-6 Jo	Y1-6 Gardening Literacy Creative Writing	Y1-6 Science STEM <i>Theory and Planning</i>	Spanish <i>Review/Prep</i>
11.15-11.45am	<i>Recess</i>	<i>Recess</i>	<i>Recess</i>	<i>Recess</i>	<i>Recess</i>	<i>Recess</i>
11.45am – 1pm	Maths K-2 Andrina 3-6 Jo	Maths K-2 Andrina 3-6 Jo	Maths K-2 Andrina 3-6 Jo	K-6 Art <i>Weeks 1-4 Self Portraits</i> <i>Weeks 5-8 Natural Dyeing Methods</i>	Y1-6 Science STEM <i>Practical</i>	Spanish HSIE <i>My World Project</i>
1pm – 1.45 pm	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
1.45 pm - 3pm	Quiet Reading K-2 Andrina Literacy/Math 3-6 Jo Literacy	Quiet Reading K-2 Andrina Literacy/Math 3-6 Jo IT	<i>Andrina RFF</i> Library & <i>PD & Health</i>	Quiet Reading <i>Finishing off tasks</i>	Science STEM <i>Practical</i> <i>Finishing off tasks</i>	Independent Reading