

Elands Public School
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Living to Learn

Learning to Live

We are Learning on Biripi Land

«Students_Name»

«Street_Address»

Term 3, Week 2, Thursday 22nd July, 2021

Dear «ParentCarer_Name»

Welcome back to everyone and here we go again with COVID restrictions! Just reminder, parents are not to enter school grounds unless prior arrangements have been made and masks must be worn when entering school grounds. Unfortunately, we cannot offer any photocopying or scanning services to the wider community at this present time until restrictions ease again. If you are dropping off food at lunchtime, we will endeavour to send your child over to the gate to pick it up otherwise ring the office prior to your arrival.

In the past two weeks we have had students away with cold and flu like symptoms, thanks to those families who have followed the advice of NSW Health and had their child tested as per our request. It is really appreciated. If your child presents with any flu like symptoms at school we will send them home and request that you seek medical advice and/or have a COVID test. Children cannot return to school until a negative result is received (which has been sighted by the school) and are relatively clear of symptoms.

Unfortunately, due to the COVID outbreak in Sydney the planned senior excursion with Mt. George and Bobin Schools has been cancelled. We will try again for some time in term four, however we will not be going to Sydney, destination yet to be confirmed.

Last term the school sent home a survey about preferred methods of contact, attached to the newsletter is another copy for those families who have yet to return the survey to the office. Please complete and return it to the office ASAP.

Students (and families) who are due for their Personal Learning Plan review will be contacted, shortly, by Andrina or I to arrange a suitable time/method for discussion. We will also send home a digital and/or hard copy as well.

Attached to the newsletter is this term's timetable and absence note booklet for your convenience.

Kind Regards,
Jo Boland

Term 3, 2021	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	19 th	20 th	21 st	22 nd Jo Mirjam Jake	23 rd Jo Andrina Jake
Week 3	26 th Jo Andrina Bec	27 th Jo Andrina Bec	28 th Jo Andrina Bec	29 th Jo Jake	30 th Jo Andrina Jake
Week 4	2 nd Jo Andrina Bec	3 rd Jo Andrina Bec	4 th Jo Andrina Bec	5 th Jo Mirjam Jake	6 th Jo Andrina Jake
Week 5	9 th Jo Andrina Bec	10 th Jo Andrina Bec	11 th Jo Andrina Bec	12 th Jo Jake	13 th Jo Andrina Jake
Week 6	16 th Jo Andrina Bec	17 th Jo Andrina Bec	18 th Jo Andrina Bec	19 th Jo Mirjam Jake	20 th Jo Andrina Jake

Office

Brigitte Mondays
 Tuesdays
 Bernie Wednesday

Note:

There is no one in the office Fridays.
 Panky is in Monday and Wednesday mornings.

CANTEEN MENU - TERM 3, 2021.

- WEEK 3: Beef Stew with Rice. (GF,DF,EF).
 WEEK 4: Lamb Roast with Baked Vegetables. (GF,DF,EF).
 WEEK 5: Pumpkin Soup & Crusty toast. (GF,DF,EF- GF bread available).
 WEEK 6: Sausage Stew & Rice. (GF,DF,EF).
 WEEK 7: Marinated Chicken Niblets, Rice & Salad. (GF,DF,EF).
 WEEK 8: Shepherd's Pie and Seasonal Salad. (GF,DF,EF).
 WEEK 9: Spaghetti napolitana with crispy iceberg lettuce salad.
 Cow's milk cheese & DF cheese available to sprinkle on top.
 (GF,DF,EF).
 WEEK 10: Tuna Bake & Seasonal Salad. (GF,DF,EF).



ELANDS P&C MINUTES OF MEETING

Date: 22.6.2021

Present: Nadine Tuck, Jane Watson, Jo Boland, Venessa Franckin.

Apologies: Nina Gardner

ITEM	DISCUSSION	ACTION
Meeting opened	3.25pm	
Minutes of previous meeting	Read and accepted..	Accept- Jo Sec- Venessa
Correspondence IN	<ul style="list-style-type: none"> • Bank Statement received. (See treasurer's report). • P&C E-Bulletin. Life Education- Growing Gardens Grants. 	Venessa to send Jo link from the Bulletin.
Correspondence OUT	Nil.	
Business arising from the minutes of previous meeting	<ul style="list-style-type: none"> • Homework Policy distributed to the P&C Committee to read and make comments/suggestions for any possible changes • Years 3-6 Major Excursion to Sydney planned for Term 3, Week 8. Travelling by Sid Foggs & Sons Coach Company. • Cost- \$412.00 without subsidies. • P&C propose to pay \$100.00 per child to cover part- cost of excursion. • School will subsidise \$100.00 also. • A Minimum of 75% of balance owing (\$212.00), must be payed to school by parents by Friday 20.8.2012. • Balance can be paid by Instalments:- See Office staff for more Information. • Canteen Online Direct Deposit service still in process of being obtained. • P&C Fundraising 'Lasagna' Take Away dinner. Pre-order and pick-up at Bulga Hall. Date in Winter to be advertised when confirmed. <ul style="list-style-type: none"> - Bring own Take away containers/trays. • Aikido with teacher Eino update:- 	<p>Committee to read and e-mail Jo with comments.</p> <p>Accepted- Jane Sec- Nadine</p> <p>P&C to make out cheque to school when numbers attending are certain.</p> <p>Venessa to write letter explaining service to parents. Bernie & Nina to sign at Comm bank.</p> <p>Jane to confirm date/s on Friday that is free. P&C to create a flyer and advertise.</p> <p>Venessa to contact Eino and discuss details and set date for meeting with Jo and Venessa to discuss teaching Aikido at school.</p>

	Possibly beginning Term 4, after Jo returns from Long Service Leave.	
Treasurer's Report	Closing Balance on 25.4.2021 is \$3717.10	
Principal's Report	<ul style="list-style-type: none"> • Jo will be going on Long Service Leave from 30.8.21 and return to school Term 4, Week 1. All the best for a great stress-free break Jo! • Michelle Taylor, the Assistant Principal at Wingham Public will be relieving Jo for this time and will be going on the Excursion with Years 3-6. 	Jo to inform parents in Newsletter.
General Business	Nil	
Next P&C meeting/ AGM	Wednesday 21.7.2021	
Meeting Closed	4.40pm	
Minute taker	Venessa Franckin	

Good for Kids good for life

RECIPE FOR A GOOD NIGHT'S SLEEP

Did you know that primary school-aged children need between 9 - 11 hours of sleep every night?!

Poor sleep quality and insufficient sleep has been associated with a range of physical and mental health problems that can impact on a child's health and development.¹

Here's some sleep tips to help make sure your kids are getting their zzz's...

- Have a consistent sleep schedule and bedtime routine to help your child relax and wind down each night.
- Switch off all screens (TV, tablets, computers, phones) an hour before bed, and no screens in the bedroom!
- Daily exercise and time outdoors promote good sleep. Make sure your child is getting plenty of physical activity throughout the day.



Check out more sleep tips at www.healthdirect.gov.au/sleep-tips-for-children



Health
Hunter New England
Local Health District

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<http://www.goodforkids.nsw.gov.au/>