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Living to Learn
Learning to Live
We are Learning on Biripi Land

«Students_Name»

«Street_Address»

Term 4, Week 7, Thursday 23rd November 2023

Dear «ParentCarer_Name»

Thank you to all parents and community members who joined us for our presentation day. Congratulations to all students for making the day a success and to our award recipients. Emily and Chia for Most Improved in Literacy in the K-2 class and Charlie, Most Improved in Literacy for the primary students. Well done.

River Jones also received a Distinction Award from the Newcastle Permanent Primary School Mathematics Competition. Well done! As part of River's extension studies, through Aurora College, River has also received an Academic Achievement Award for Science and Technology. Congratulations all! Your hard work and conscientious effort have come to fruition.

This week the students have commenced the Annual Intensive Swimming Program, travelling down and back to Wingham Pool each day. Although the weather has not been optimal, it is much warmer in Wingham than up here, the students have made excellent progress. Some who would not get their face or hair wet on Monday are now diving down to pick up objects off the bottom of the pool. The lapping group are swimming further each day and improving their breathing and stroke styles. Swimming is a crucial life skill, especially during summer holidays where many of our activities revolve around water. It is a mandatory activity included in the Personal Development, Health, and Physical Education Curriculum, and we expect all students to participate each day. The fee for 10 swimming lessons are only \$40 each, and families are required to pay the significantly subsidised amount, whether or not your child participates every day. Learning how to swim to a level where you can save yourself or others is an essential skill, and we encourage everyone to take advantage of this opportunity.

As part of the program students will be taking part in a mock rescue and water accident activity next Wednesday. **Children will need to bring some clothing along such as T-shirts and shorts for the beginner group and T-shirts and long pants for the lapping group to gain experience in swimming with clothes on and what to do if a potential accident while swimming occurs. Please ensure your child has additional clothes with them next Wednesday.**

Next Tuesday the year six students will attend their last Year 7 Orientation Day at Wingham High School. As it is a whole day activity travel can be by high school bus down and back.

On Wednesday 6th December will be the year six farewell excursion. Warwick and I will be transporting students by private vehicles. More information on the permission note.

Regards

Jo Boland
Principal

NOV/ DEC 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT/SUN

WEEK 7	20	21	22	23	24	25/26
	Jo Andrina Warwick -SLSO Vanessa-Office Panky-GA	Jo Andrina Mirjam - DCO Warwick -SLSO Vanessa - Office	Jo Andrina Warwick -SLSO Vanessa - Office Panky-GA	Jo Mirjam Warwick -SLSO Vanessa – Office	Jo Mirjam Warwick -SLSO	
	Notes Swimming	Swimming	Swimming	Swimming	Swimming	
WEEK 8	27	28	29	30	1	2/3
	Jo Andrina Warwick -SLSO Vanessa-Office Panky-GA	Jo Andrina Mirjam - DCO Warwick -SLSO Vanessa - Office	Jo Andrina Warwick -SLSO Panky-GA	Jo Mirjam Warwick -SLSO Vanessa – Office	Jo Andrina - CILSP Mirjam Warwick -SLSO Vanessa - Office	
	Notes Swimming	Swimming Yr7 Orientation Day	Swimming	Swimming	Swimming	
WEEK 9	4	5	6	7	8	9/10
	Jo Andrina Warwick -SLSO Vanessa-Office Panky-GA	Jo Andrina Mirjam - DCO Warwick -SLSO Vanessa - Office	Jo Andrina Mirjam Warwick -SLSO Panky-GA	Jo Warwick -SLSO Vanessa – Office	Jo Mirjam Warwick -SLSO Vanessa - Office	
	Notes		Year 6 Farewell Planned Power Outage	Saltwater Excursion		
WEEK 10	11	12	13	14	15	16/17
	Jo Andrina Warwick -SLSO Vanessa-Office Panky-GA	Jo Andrina Mirjam - DCO Warwick -SLSO Vanessa - Office	Jo Andrina Warwick -SLSO Vanessa - Office Panky-GA	Jo Mirjam Warwick -SLSO Vanessa – Office	Jo Andrina - CILSP Mirjam Warwick -SLSO	
	Notes	Canteen			Last Day of Term	

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight
M T W T F
M T W T F

=

4 weeks



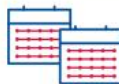
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Over **1** year missed

1 day per week
M T W T F
M T W T F

=

8 weeks



=

Over **2.5** years missed

education.nsw.gov.au

Sunsmart Snippet

Sun safety is everyone's responsibility.



By being role models ourselves and leading the way with our own sun safety, we can inspire our children to be SunSmart when they step outside.

sunsmartnsw.com.au



Good for kids
good for life



Keep an eye on screen time

Screen time and digital technology can be part of a healthy lifestyle when it's balanced with other activities. This includes physical activity, creative play, reading, socialising and getting enough uninterrupted sleep.

Follow these tips to use technology in a balanced and healthy way:

- Make rules about screen time
- Aim for short screen time sessions, with active breaks
- Encourage outdoor play
- Encourage creative activities
- Encourage play with others
- Avoid screen time before bed
- Avoid digital technology in the bedroom, especially at night



Source: Screen time and digital technology use for children 6-11 years: tips for balance (raisingchildren.net.au)



Developed by Hunter New England LHD

HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

Parent Portal

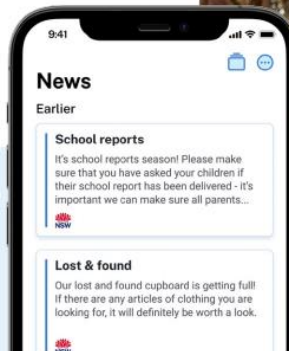
NSW Department of Education

Never miss an important school update or event.

The **NSW Education Parent App** makes it easier than ever to stay up-to-date with the latest information from your child's school. Featuring latest news, newsletters, personalised feeds by year group, events calendar, push notifications, instant updates and alerts, advanced security and more.



Download the
NSW Education
Parent App



School Bytes

Parent App

Available now!

Download on the App Store or Google Play by clicking the image below.



Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news

Download on the
App Store

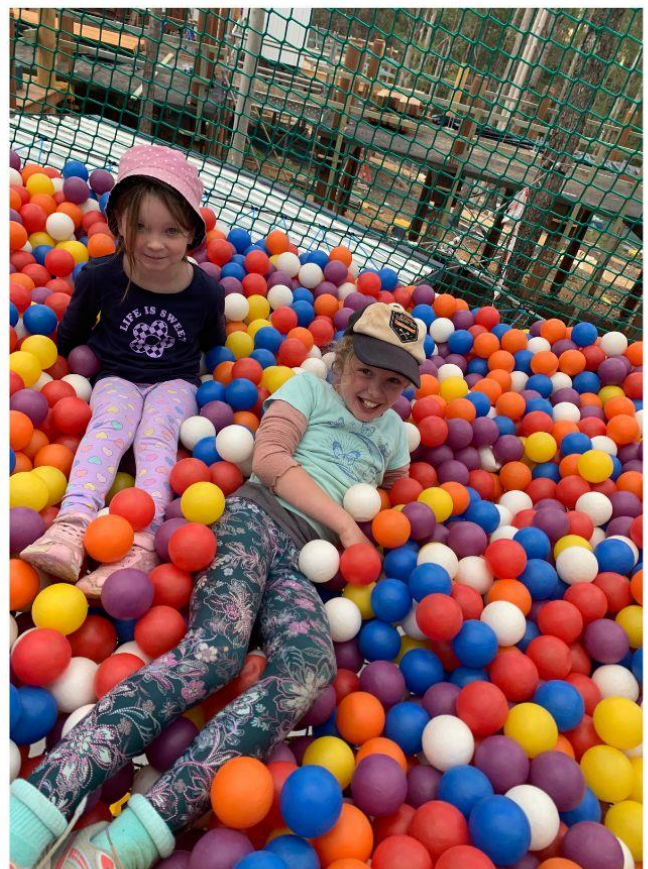
GET IT ON
Google Play

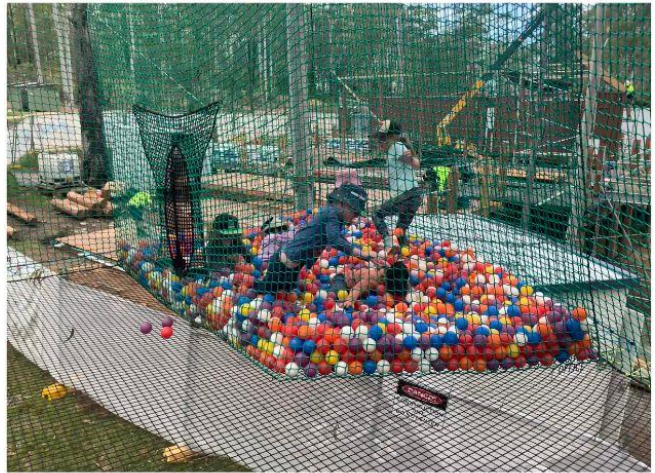
GREAT AUSSIE BUSH CAMP EXCURSION





WILD NETS ADVENTURE PARK





Presentation Day



Aurora College Academic Achievement Award



Congratulations River