

Elands Public School

**Main Road,
ELANDS NSW 2429**

Ph: 02 6550 4557

F: 02 6550 4412

E: elands-p.school@det.nsw.edu.au



Living to Learn

Learning to Live

We are Learning on Biripi Land

«Students_Name»

«Street_Address»

Term 4, Week 1, Thursday 18th October 2018

Dear «ParentCarer_Name»

Welcome back to the beginning of term four, along with the rain! We're set for a busy term ahead. School Evaluation Surveys will soon be sent out to parents and as previously reported in the last newsletter we will be seeking feedback from parents and students on the Personal Development and Physical Education curriculum areas.

Next Friday a Rural Fire Service member will visit the school to conduct the Fire Safe for Kids Programme. This programme is aimed at teaching children about fire prevention and personal safety within indoor and outdoor environments.

The annual swimming scheme (learn to swim) will commence on Monday 5th November until Friday 16th November, with lessons from 11.00-12.00 each day at Wingham Pool. We will be conducting our usual literacy lessons on Monday, Tuesday and Wednesday, however it will be over two sessions. Students are expected to attend school each day as per usual, if your child is unable to swim for a particular reason, they can still come to swimming and listen to instructions. Please read the interim time table for these two weeks. Attached to the newsletter is the permission note with details of what your child needs to bring to swimming – please note families will need to provide swimming goggles or ear plugs if required.

Time	Activity	Activity		Activity
9.15- 9.45	Monday, Tuesday, Wednesday Literacy (K-2 and 3-6)	Thursday (Jo) K-6 Reading Comprehension	Thursday (Andrina) HSIE	Friday Library K-6
9.45 – 10.00	Recess	Recess	Recess	Recess
10.00	Transport to Wingham by bus	Transport to Wingham by bus	Transport to Wingham by bus	Transport to Wingham by bus
11.00-12.00	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons
12.15	Bus back to Elands	Bus back to Elands	Bus back to Elands	Bus back to Elands
1.15- 1.45	Lunch	Lunch	Lunch	Lunch
1.45- 2.00	Buddy Reading	Buddy Reading	Buddy Reading	Buddy Reading
2.00-3.00	Literacy (K-2 and 3-6)	Science	HSIE	Science

This year's kinder orientation days will be run over two Tuesdays – 27th November and 4th December from 1.15 (beginning of playtime) until 3.00pm. Those students commencing school next year will receive more information shortly. If you know of anyone who has a pre-school age child, who may be close to school age please let them know and suggest they contact the school for further information.

Year six orientation days will be held throughout November and early December this year – with additional (science based activities) days for the small school year six students within the area. On Friday 2nd November Wingham High Deputy Head and the 2019 Year Seven Advisor are planning to visit the school at 1.00pm to provide information about high school readiness, to our year six student, these visits can also be very informative for our current year 5 students as well. We look forward to the visit. A letter will be sent home with all orientation dates as soon as possible.

Just a few reminders:

- Blank absentee notes have been attached to the newsletter for your use. If your child has been absent from school, it is a requirement that a note explaining their absence is received by the school upon their return. Continued unexplained absences will be reported to the Home School Liaison Officer for further investigation.
- Teachers are on duty from 8.45am each day, if you need to drop your child off at school early for a specific reason it would be appreciated if prior arrangements were made at least 24 hours' notice with a teaching member of staff. Non- teaching staff cannot look after students, only teachers have the authority to supervise students before or after school, provided there are two adults (minimum requirements are: 1 teacher and 1 non-teaching staff member) on duty at the time.

Kind Regards,

Jo Boland

Term 4, 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	15 th Start of school term for students	16 th	17 th	18 th	19 th
Week 2	22 nd P&C Meeting 3.15pm	23 rd	24 th	25 th	26 th Fire Safe for Kids Programme
Week 3	29 th	30 th	31 st	1 st	2 nd WHS Deputy Head & Year advisor visit
Week 4	5 th Swimming	6 th Swimming	7 th Swimming	8 th Swimming	9 th Swimming
Week 5	12 th Swimming	13 th Swimming	14 th Swimming	15 th Swimming	16 th Swimming

Elands Community Newsletter

Term 4, Week 1, 2018

DIAS DE LOS MUERTOS

(Day of the dead)

Come to the cemetery on
Thurs. 1st November – 5.00pm

We'll tidy the graves, have some food and drink,
remember our dead ones, sing some songs and
commune in glorious surroundings!

So.....

Bring flowers, photos, food, drink, something to sit on,
instruments to play etc.

See you there!

Good for Kids good for life

CHOOSE WATER as a drink

Water is the best drink as it does not have any added sugar. Fruit juices, soft drink, sports drinks or cordials should not be given to your child everyday as they contain a lot of added sugar. Tap water is the best choice. In most areas, tap water contains fluoride, which helps children to develop strong teeth.

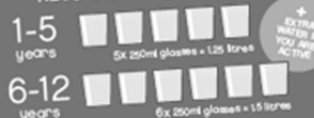
HOW MUCH SUGAR IS IN THAT DRINK?



TIPS TO HELP YOUR KID DRINK MORE WATER

- Show children that you enjoy drinking water
- Drink water with every meal
- Take a refillable bottle of water when you go out
- Pack water with your child's lunch
- Encourage your child to drink water when they play sport
- Limit buying sugar sweetened drinks

HOW MUCH WATER SHOULD KIDS DRINK EACH DAY?



Published October 2017
MAKE HEALTHY NORMAL
NSW Health Western Sydney Local Health District

Source: Western Sydney Local Health District



PHONE 49246499

WELCOME A SLICE OF THE WORLD INTO YOUR HOME IN 2019!

HOST AN OVERSEAS EXCHANGE STUDENT!

REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633



HEAR FROM A HOST MUM

Hosting has been one of the most rewarding and exciting experiences for our family. Romane, our student, was definitely one of the most kind and pleasant people we have met and right from the start was a perfect fit for our family. Being able to share this experience has had a positive effect on all of my young children." Host mum, Candice.

HOSTING AT A GLANCE:

- Hosting is voluntary
- You choose your student
- Students attend high school full time
- 24/7 support provided
- Host families come from all over the state
- Students come from all over the world and stay for a short term (8-10 weeks), a semester or a year.

MORE INFO: WEP.ORG.AU/HOST

CIRCLE OF SECURITY

Parenting Program



WEDNESDAYS

31 October – 19 December 2018

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting Program supports and strengthens secure parent-child relationships.

When: Every Wednesday for 8 weeks

Time: 10.00am – 12.00pm

Location: Parkside Building - Fotheringham Park,
Victoria Street Taree

Morning tea provided

To register for the program please phone: 02 6551 1800

A relationship based program promoting secure attachment between parents and children

Secure children have better self-esteem & relationships and are better able to handle difficult emotions



*Empowering people,
Strengthening Communities*

Ph: 02 6551 1800

www.mssinc.org.au

Manning Support Services Inc.

Funding for this program is provided by the Department of Family and Community Services